

# The Holy Eucharist Rite I: March 7

## The Third Sunday in Lent

### Opening Acclamation

Bless the Lord who forgiveth all our sins;  
**His mercy endureth for ever.**

### The Opening Sentence

Hear what our Lord Jesus Christ saith:  
Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets. *Matthew 22:37-40*

### Confession of Sin

Let us humbly confess our sins unto Almighty God.

**Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

### Kyrie

Lord, have mercy upon us.  
**Christ, have mercy upon us.**  
Lord, have mercy upon us.

### The Collect of the Day

The Lord be with you.  
**And with thy spirit.**  
Let us pray.

Almighty God, who seest that we have no power of ourselves

to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

### **The First Lesson: Exodus 20:1-17**

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

The Word of the Lord.

**Thanks be to God.**

### **Psalm 19**

1 The heavens declare the glory of God, \*

and the firmament shows his handiwork.

2 One day tells its tale to another, \*  
and one night imparts knowledge to another.

3 Although they have no words or language, \*  
and their voices are not heard,

4 Their sound has gone out into all lands, \*  
and their message to the ends of the world.

5 In the deep has he set a pavilion for the sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its course.

6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
nothing is hidden from its burning heat.

7 The law of the Lord is perfect  
and revives the soul; \*  
the testimony of the Lord is sure  
and gives wisdom to the innocent.

8 The statutes of the Lord are just  
and rejoice the heart; \*  
the commandment of the Lord is clear  
and gives light to the eyes.

9 The fear of the Lord is clean  
and endures for ever; \*  
the judgments of the Lord are true  
and righteous altogether.

10 More to be desired are they than gold,  
more than much fine gold, \*  
sweeter far than honey,  
than honey in the comb.

11 By them also is your servant enlightened, \*  
and in keeping them there is great reward.

12 Who can tell how often he offends? \*  
cleanse me from my secret faults.

13 Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
then shall I be whole and sound,  
and innocent of a great offense.

14 Let the words of my mouth and the meditation of my heart be acceptable in your sight, \*  
O Lord, my strength and my redeemer.

## **The Second Lesson: 1 Corinthians 1:18-25**

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

The Word of the Lord.

**Thanks be to God.**

## **The Gospel Lesson: John 2:13-22**

The Holy Gospel of Our Lord Jesus Christ according to John.

**Glory be to thee, O Lord.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, “Take these things out of here! Stop making my Father’s house a marketplace!” His disciples remembered that it was written, “Zeal for your house will consume me.” The Jews then said to him, “What sign can you show us for doing this?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “This temple has been under construction for forty-six years, and will you raise it up in three days?” But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken

The Gospel of the Lord.

**Praise be to thee, O Christ**

## **The Sermon**

## **The Nicene Creed**

**We believe in one God,**

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Prayers**

*Officiant* Have mercy on us, O God, according to your loving kindness; in your great compassion, hear our prayers.

*Intercessor* We pray for the whole church, all leaders and ministers, and all the holy people of God.  
Wash us through and through,  
**And cleanse us from our sin.**

We pray for our nation, for all the nations of the earth, and for all who govern and judge.  
Purge us from our sin,  
**And we shall be pure.**

We pray for those who hunger, those who thirst, those who cry out for justice, those who live under the threat of terror, and those without a place to lay their head.

Make them hear of joy and gladness,  
**that those who are broken may rejoice.**

We pray for those who are ill, those in pain, those under stress, and those who are lonely. Especially...  
Give them the joy of your saving help,  
**and sustain them with your bountiful Spirit.**

In this season of Lent we pray for those who prepare for baptism, and we pray that we all might be  
given the grace and strength to repent and grow closer to you, O God.  
Create in us clean hearts, O God,  
**and renew a right spirit within us.**

We pray for those who have died, and who have entered into the land of eternal Light and your abiding  
peace.  
Cast them not away from your presence,  
**and take not your Holy Spirit from them.**

We pray for those who celebrate their own birthdays, especially Andrew Phillips, Christopher  
Richardson, Louis Hale, Abigail Spindler, Caroline Graff, Lisa Wiatroski, Lois Buesser, Jim DeCoste,  
Sharon Defeo and Jim Lunny, and for the anniversary of Jeff & Libby West, that they might obtain joy  
and gladness.  
Lord, in your mercy, **Hear our prayer.**

We pray also for those who are serving our country at home and abroad, especially Christopher,  
Garrison, Richard, Stephen, Patrick, Esteban, Jeremy, Dan, Stewart, Wyatt, and Andrew.

*Officiant* Gracious God, because of your great love for the world you gave us your son; grant us the  
strength and wisdom believe in him that we would not perish but have eternal life. **Amen.**

## **The Peace**

The peace of the Lord be always with you.  
**And with thy spirit.**

## **The Holy Communion**

The Lord be with you.  
**And with thy spirit.**  
Lift up your hearts.  
**We lift them up unto the Lord..**

Let us give thanks unto the Lord our God.  
**It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks  
unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord, who was in every way tempted as we are yet did not sin; by whose grace  
we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for  
us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy Glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

## **The Lord's Prayer**

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast.**

## **The Prayer of Humble Access**

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

## **The Prayer for Spiritual Communion**

**For those unable to receive Communion today.**

*In union, O Dear Lord, with the faithful at every Altar of your Church, where your blessed Body and Blood are being offered to the Father, I desire to offer you praise and thanksgiving. I present to you my soul and body, with my earnest desire that I may ever be united to you. And since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. O let nothing ever separate me from you. Let me live and die in your love. Amen.*

## **The Post-Communion Prayer**

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also



heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

### **The Blessing**

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. Amen.

### **The Dismissal**

Go in peace to love and serve the Lord.

**People Thanks be to God.**